

Sports Coach CV Examples - Template

Your name -tel number

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Your email address here

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Professional Profile I am a time served and enthusiastic Sports Coach. I love sport and exercise and I am capable of training and educating anyone from toddler to pensioner. I can advise on a healthy diet as well as a training program, and I am capable of managing sports teams, or providing one on one training for fitness or weight loss. I live to encourage.

- Efficient.
- Sensible and practical.
- Approachable and Friendly.
- Focussed and attentive.
- Highly organised.
- Confident.
- Friendly.
- Flexible.
- Adaptable.

Professional Qualifications.

Health and Safety certificate. First Aider. Health and Nutrition certificate.

Work History

January 2010 - Present

Sports Coach, Venus Health Spa, London

Working as a Sports Coach in this fabulous health spa it was my job to encourage and motivate guests to participate in sports. I would meet with each guest at check in and see what goals and aims they had, whether it is fitness or weight loss, and then suggest a regime of sports and exercise to complete during their stay. I would then guide them through each activity, and motivate them to keep it up after leaving!

January 2008- January 2010

Sports Coach, London Youth Football Team, London.

As a Sports Coach in this small local football team it was my duty to find and train players. I would take on players of all levels and try and train them into being better sportspersons. I would have to set the training field up, run drills, and then take the team through local competitions.

January 2007 – January 2008

Sports Coach, Big School, London

Working for this inner city school as a sports coach it was my duty to try and engage children in sport. I would have to try and get them to understand the benefits of exercise, and work as teams to achieve goals. I ran after school leagues to encourage healthy competition.

Education

GCSE 10xA Grades including English, Maths and Science.
Londonberry Comprehensive School
London
2001

References

References are available on request, or in writing to the above previous employers.

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